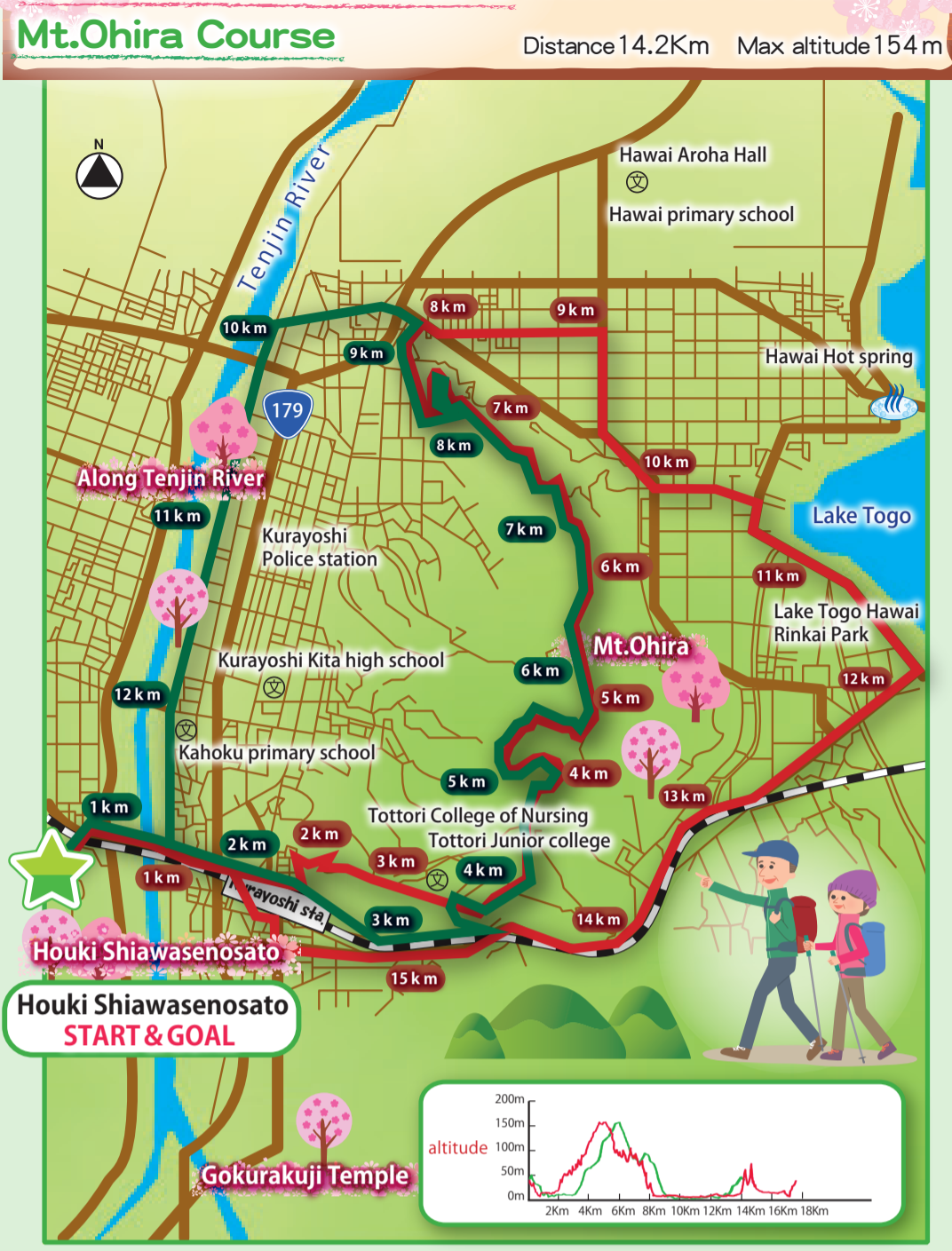


Sakura Walking Course 1 Distance 11.7Km Max altitude 38m



Sakura Walking Course B Distance 17.3Km Max altitude 154m



Sakura Walking Course B-2 Distance 23.1Km Max altitude 45m



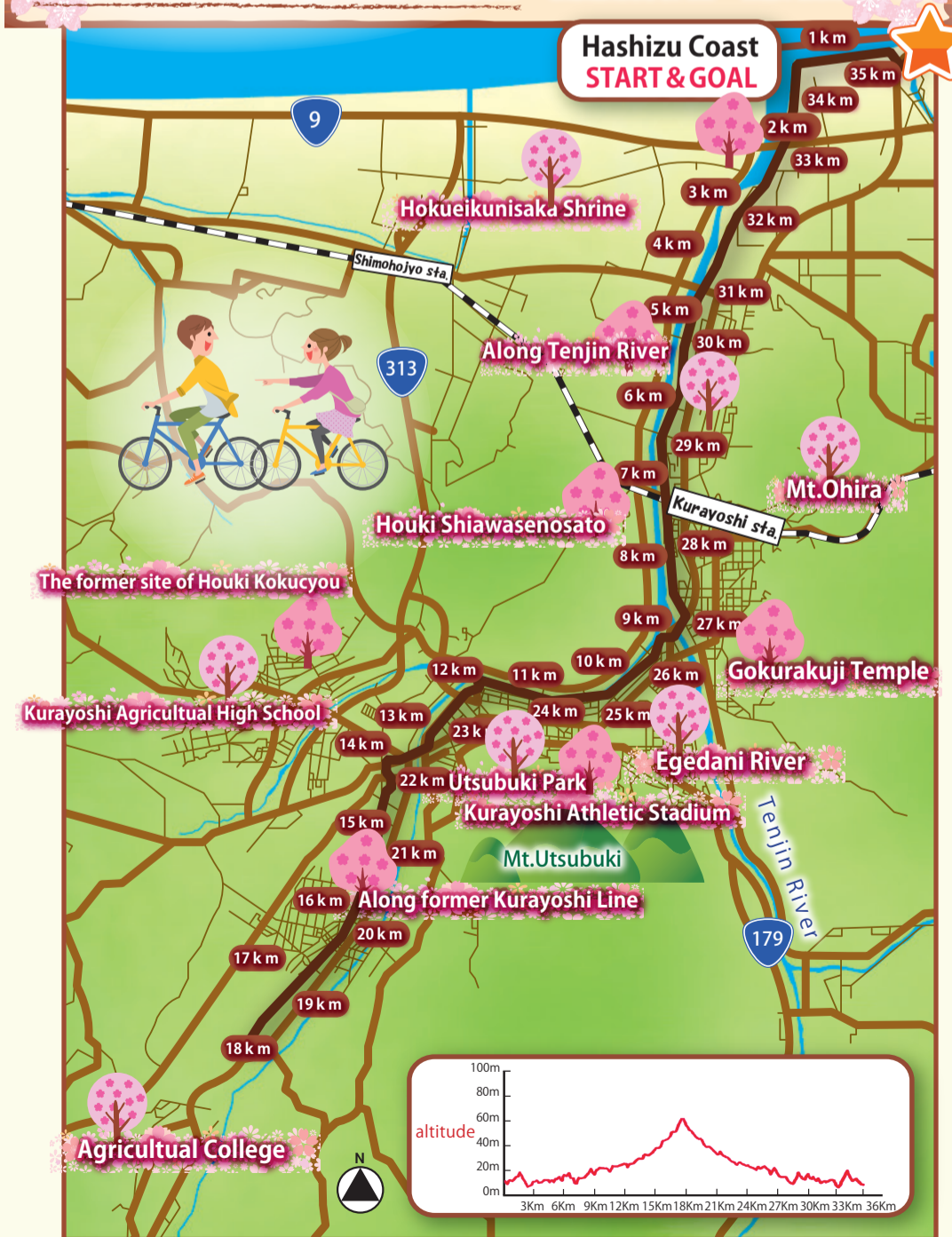
Misasa Yurihama Course Distance 30.1Km Max altitude 239m



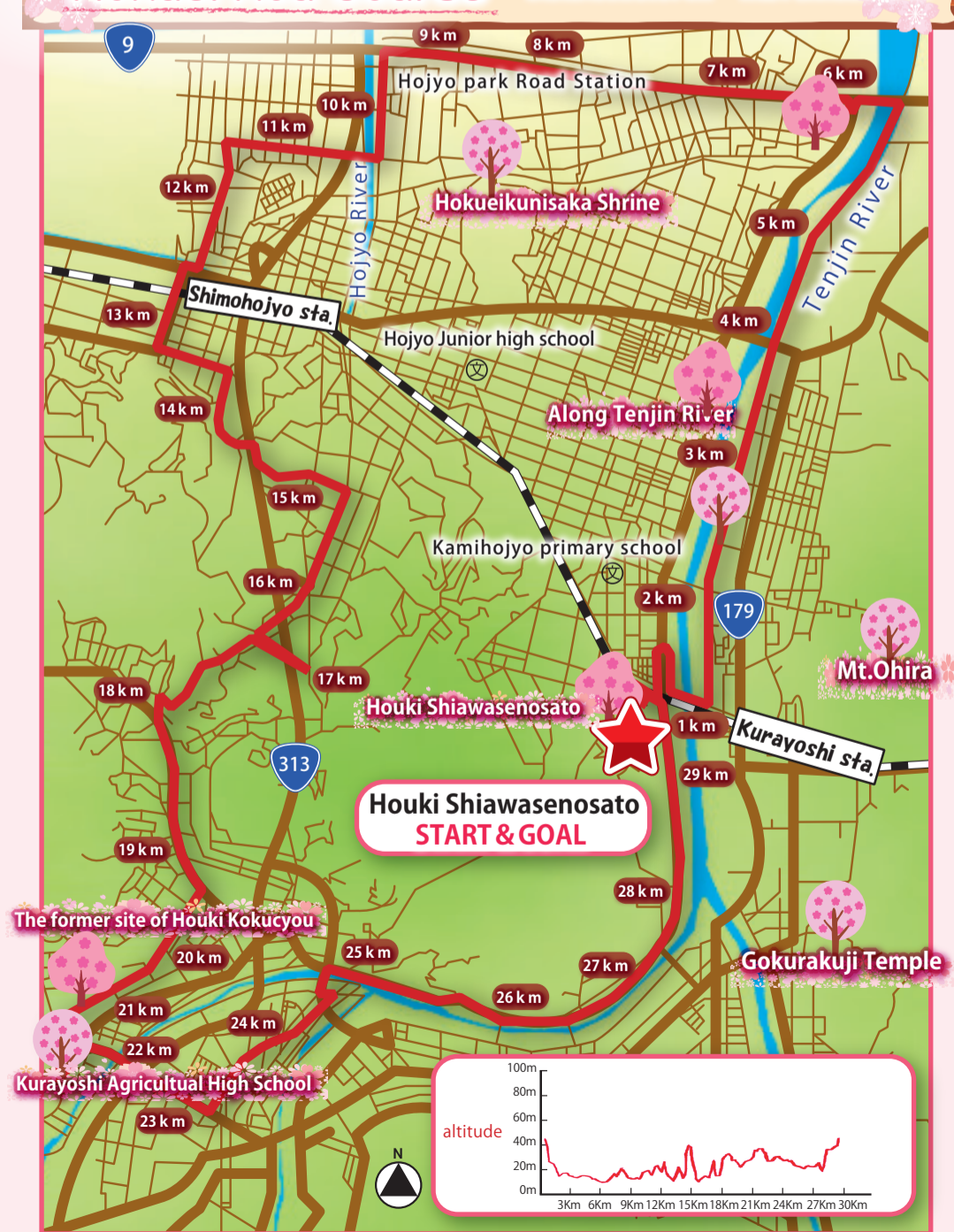
Yurihama Aoya Course Distance 32.2Km Max altitude 43m



Tenjin River Cycling Road Course Distance 36Km Max altitude 61m



Hokuei Kou Course Distance 29.5Km Max altitude 43m



Daiei Touhaku Nishitakao Course Distance 29.8Km Max altitude 205m

